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Population Research Institute  
The Pennsylvania State University  
601 Oswald Tower  
University Park, PA 16802

msheftel@psu.edu  
847-602-0174

<https://www.mara-getz-sheftel.com/>

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### PROFESSIONAL EXPERIENCE

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- 2021- Postdoctoral Scholar  
Population Research Institute, The Pennsylvania State University  
Crossnational demography of family structure, aging, and health (NIA 1R01AG060949)  
PIs Ashton Verdery and Rachel Margolis
- 2022- Visiting Research Collaborator  
Office of Population Research, Princeton University  
Social disparities in physical functioning by race, ethnicity & immigration status (NIA 1R01AG061094)  
PIs Anne Pebley and Noreen Goldman

### EDUCATION

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- 2021 The Graduate Center, City University of New York (CUNY), New York, NY  
PhD in Sociology  
Certificate in Demographic Methods  
Certificate in Quantitative Methods  
*Dissertation:* Should I Stay or Should I Go? Mexican Return Migration Across the Life Course  
*Committee:* Richard Alba (Chair), Paul Attewell, Deborah Carr (Boston University), Leslie McCall
- 2019 Brooklyn College  
MA in Sociology
- 2011 Hebrew University of Jerusalem, Jerusalem  
MA in Public Policy  
*Thesis:* The strength of institutions and ideas: Immigrant access to public health insurance
- 2003 Northwestern University, Evanston, IL  
BA International Studies

### AREAS OF SCHOLARSHIP

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Aging and the life course      Family & Social Networks      Health disparities      Stratification

### PEER-REVIEWED PUBLICATIONS

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**Sheftel, Mara Getz** “Immigrant wealth stratification and return migration: The case of Mexican immigrants in the US” (Minor 2nd Round R&R/Conditional Accept at *Demography*)

**Sheftel, Mara Getz** and Frank W. Heiland. 2018. Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age? *Demographic Research* 39, 209-250.

Reed, Holly, **Mara Getz Sheftel** and Arash Behazin. 2018. Forced Migration and Patterns of Mortality and Morbidity. In Jalal Abbasi-Shavazi and Ellen Percy Kraly (Eds.), *Demography of Forced Migration and Refugees*. Paris: International Union for the Scientific Study of Population.

**Sheftel, Mara Getz.** 2017. Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey. *Population Review* 56(1), 1-30.

#### **OTHER PUBLICATIONS**

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Garcia, Marc A., **Mara Getz Sheftel**, Adriana M. Reyes, and Catherine García. 2022. Sociocultural and Demographic Drivers of Latino Population Health in New York State. *Lerner Center for Public Health Promotion & Population Health Research Brief*, 76.

**Sheftel, Mara Getz.** 2022. Review of “Time and Migration: How Long-Term Taiwanese Migrants Negotiate Later Life.” *Social Forces*.

Park, Sung S., Boriana Pratt, Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, Theresa Andrasfay, and Keunbok Lee. 2022. Constructing a Work History Dataset of Jobs Held During Early and Middle Adulthood Using the Health and Retirement Study. *UCLA California Center for Population Research eScholarship*.

**Sheftel, Mara Getz** and Frank W. Heiland. 2018. Disability prevalence among Hispanic immigrants in the US. *N-IUSSP[Internet]*. 22 October 2018.

#### **MANUSCRIPTS UNDER REVIEW**

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**Sheftel, Mara Getz** and Frank W. Heiland “The role of place of birth and residence in health disparities: Evidence from disability prevalence among Island- vs. mainland-born Puerto Ricans” (under review at *The Journal of Aging and Health* after “minor” first round R&R)

**Sheftel, Mara Getz** “Disability and older age return migration: evidence against the Salmon Bias” (under review at *The Journal of Gerontology Social Sciences*)

**Sheftel, Mara Getz**, Rachel Margolis and Ashton Verdery “The physical, mental, and social health of immigrants in Europe” (under review at *Population Research and Policy Review*), supported by NIA Grant 1R01AG060949

**Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park “Cognitive health disparities by race, ethnicity and nativity: The role of occupational complexity” (under review at *Work, Aging, and Retirement*), supported by NIA Grant 1R01AG061094

Park, Sung S., Anne R. Pebley, Noreen Goldman, Boriana Pratt, and **Mara Getz Sheftel** “Racial/Ethnic Disparities in Functional Limitations among Older Adults: Examining the Role of Physically Demanding Work” (under review at *Demography*)

Garcia, Marc A. and **Mara Getz Sheftel** “Country of origin, Age of Migration, Gender, and the Risk of Cognitive Impairment” (accepted for submission to *The Journal of Gerontology Social Sciences* Special Issue on Immigration and Aging)

#### **MANUSCRIPTS IN PROGRESS (available upon request)**

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**Sheftel, Mara Getz**, Ashton Verdery and Rachel Margolis “Life course transitions and loneliness profiles in older adulthood: A crossnational analysis” (in preparation for submission to *PNAS*), supported by NIA 1R01AG060949

**Sheftel, Mara Getz** and Marc A. Garcia “Heterogeneity in cognitive impairment by country of origin and nativity” (in preparation for submission to *Social Science and Medicine – Population Health*)

## **AWARDS**

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2019-2020	CUNY Dissertation Fellowship
2018-2019	CUNY Writing Across the Curriculum (WAC) Fellow
2014-2019	CUNY Five Year Graduate Center Fellowship
2017	YAI Network Fellowship for Latino disability research
2016	Advanced Research Collaborative Praxis Fellowship
2015	Summer Research Grant with PI Richard Alba

## **RESEARCH EXPERIENCE**

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2017-2018	Early Indicators of Student Success Gates Foundation Grant Paul Attewell, Principal Investigator
2015-2017	Sociodemographic correlates of aging: A Data Mining Perspective National Science Foundation Grant Paul Attewell, Principal Investigator
2016-2017	A Gray Peace Dividend? Youth Bulges, State Strength & the Prevalence of Violence Ralph Bunche Institute for International Studies John Torpey, Principal Investigator
2015-2016	Mexican initiative for deferred action: Undocumented Mexican immigrants in NY Robert C. Smith, Principal Investigator

## **TEACHING EXPERIENCE**

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Instructor, Brooklyn College, Brooklyn, NY – Undergraduate Courses

2017	Sociological Statistics, Fall
2017	Applied Research Methods, Spring & Fall
2017	Introduction to Sociology, Spring

Teaching Assistant, Brooklyn College, Brooklyn, NY – Undergraduate Courses

2016	Introduction to Sociology, Fall Prof. Ken Gould, Primary Instructor
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Teaching Assistant, The Graduate Center (CUNY), New York, NY – Doctoral Courses

2016	Multivariate Topics in Sociological Statistics, Spring Prof. Juan Battle, Primary Instructor
2015	Introduction to Sociological Statistics, Fall Prof. Jeremy Porter, Primary Instructor

## **QUANTITATIVE ANALYSIS SKILLS**

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Statistical Analysis Software: Stata, R, JMP, SPSS  
Spatial Analysis Software: ArcGIS, QGIS, GeoDa, SaTScan

## PROFESSIONAL MEMBERSHIPS

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American Sociological Association  
Population Association of America  
Gerontological Society of America

Eastern Sociological Society  
Midwest Sociological Society

## ACADEMIC SERVICE

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Occasional Reviewer

*Ethnicity and Health*

*Health Affairs*

*Journal of Gerontology: Social Sciences*

*Social Problems*

*Sociology of Race and Ethnicity*

*Social Science & Medicine*

American Sociological Association (ASA) Section on Aging and the Life Course (SALC)  
Student Paper Award Committee, 2022

Committee Member, CUNY Graduate Center Sociology Department  
Dissertation Support, 2018-2019  
Faculty Membership Committee, 2016-2018

Advanced Research Collaborative, CUNY Graduate Center  
Award Committee Member for Distinguished Faculty Fellowship Awards, 2017

## INVITED PRESENTATIONS

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2022 Collaborative for Innovation in Data & Measurement in Aging (CIDMA)  
University of Chicago, Center on Healthy Aging Behaviors and Longitudinal Investigations

## CONFERENCE PRESENTATIONS

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- 2022 Sheftel, Mara Getz, Rachel Margolis, Ashton Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." Gerontological Society of America (GSA) Annual Meeting, Indianapolis, IN. November 2-6. (Poster)
- 2022 Sheftel, Mara Getz, Rachel Margolis, Ashton Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." American Sociological Association (ASA) Annual Meeting, Los Angeles, CA. August 5-9.
- 2022 Sheftel, Mara Getz, Anne Pebley, Noreen Goldman, Borianna Pratt, Sung S. Park. "Cognitive, mental, and social health disparities by race, ethnicity and nativity: The role of occupational complexity." Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.
- 2022 Sheftel, Mara Getz and Frank W. Heiland. "The role of country of birth and residence in health disparities: Evidence from disability prevalence among island- vs. mainland-born Puerto Ricans" Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.
- 2021 Sheftel, Mara Getz. "Return migration as an asset maximization strategy in retirement." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.
- 2021 Sheftel, Mara Getz. "Disability and older age return: evidence against the salmon bias." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.

- 2021 Sheftel, Mara Getz. "Return migration as an asset maximization strategy in retirement." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10.
- 2021 Sheftel, Mara Getz. "Disability and older age return: evidence against the salmon bias." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. *Accepted but declined presentation due to ASA regulations re: single-authored papers.*
- 2019 Sheftel, Mara Getz. "Return migration among older Mexican immigrants." American Sociological Association (ASA) Annual Meeting, New York, NY. August 10-13.
- 2019 Heiland, Frank W. and Mara Getz Sheftel. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Population Association of America (PAA) Annual Meeting, Austin, TX. April, 11-13.
- 2019 Heiland, Frank W. and Mara Getz Sheftel. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Midwest Sociological Society (MSS) Annual Meeting, Chicago, IL. April, 17-20.
- 2018 Sheftel, Mara G. and Frank Heiland. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" Population Association of America (PAA) Annual Meeting, Denver, CO. April 26-28.
- 2017 Sheftel, Mara G. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)
- 2017 Sheftel, Mara G. and Frank Heiland. "Crossing over: Reversal of the Mexican Immigrant Health Advantage at Old Age." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)

#### **OTHER PROFESSIONAL EXPERIENCE & COMMUNITY SERVICE**

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##### US Sponsor for refugee family, 2017-present

Provide all refugee resettlement services including, but not limited to: temporary and permanent housing, provision of essential furnishings, applying for and managing government assistance, professional training and job search, liaison with school and health providers. Refugee family is not supported by any resettlement agency; we provide sole support.

##### Community organizer, Refugees in Jerusalem, 2007-2013

Provided direct humanitarian support and resettlement services to asylum seekers in absence of official NGO presence in Jerusalem. Mapped needs of population to provide individual and group responses to emerging issues.

##### Educator/Mentor and Program Administrator, Dorot Fellowship, 2005-2013

Developed and facilitated a year-long service-learning program for social entrepreneurs and activists that included individualized mentorship, a collaborative learning community, and volunteer projects with the goal of helping individuals maximize their potential as agents of social change.

## REFERENCES

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Richard Alba  
Distinguished Professor of Sociology  
The Graduate Center, CUNY  
[ralba@gc.cuny.edu](mailto:ralba@gc.cuny.edu)  
212-817-8773

Rachel Margolis  
Associate Professor of Sociology  
University of Western Ontario  
[rachel.margolis@uwo.ca](mailto:rachel.margolis@uwo.ca)  
519-661-2111 x82850

Ashton Verdery  
Associate Professor of Sociology & Demography  
The Pennsylvania State University  
[amv5430@psu.edu](mailto:amv5430@psu.edu)  
814-863-5385

Jeremy Porter (re: teaching)  
Professor of Sociology  
The Graduate Center, CUNY & Brooklyn College  
[jporter@gc.cuny.edu](mailto:jporter@gc.cuny.edu)  
718-951-5000 ext. 6599